



PODAR ENRICHMENT ACADEMY

Learning for life

Year 2011 - 12

Western Dance

Artist-Venga boys

Time limit - Three minutes

Intro of children

Warm up exercise - nodding of head, jumping, turning your waist

Introduction of song

Warm up exercise

Making pairs

Setting up of the steps

Warm up

Introduction of dance

Introduction of birdie dance

Warm up

Teaching new steps

Practicing the dance (2 ½ min) including new steps

Warm up

Completing the left out song

Children ready for the show and introduction of 2nd song
